
Subject: Manual Breast Pumps

Effective Date: October 1, 2004

Revised from:

Policy: Manual breast pumps may be given after delivery to breastfeeding clients in the following situations: employed client; client returning to school; low milk supply; in incidences where breastfeeding needs to be interrupted; when an electric breast pump is unavailable for the above conditions; or when the collection kit is incompatible with the electric breast pump issued.

A manual breast pump is for individual use only and should NOT be returned to the WIC Program.

Procedure:

1. The breastfeeding coordinator/designee must:
 - a. Determine the client's need for a manual breast pump:
 - assess whether the manual pump is needed to fully establish breastfeeding or to increase breastfeeding duration;
 - assess how many times a day the participant plans to use the pump. If the client plans to use a pump only occasionally (e.g. when she plans a trip to the grocery store or a night out), do not issue a pump but instruct on hand expression if possible. Contact the SA for training information and a video on hand expression.
 - b. Document the issuance and reason the client needs the pump in a KWIC Wizard (recertification if appropriate or the 2C, Follow Up, or RD wizard.) and on the Breast Pump Issuance Log (see Forms Section.) The KWIC Administrator should add a Staff Reminder "Review Breast Pump Agreement" to the Notices Tab to use as a reminder to staff to check with the client issued a breast pump at each subsequent visit about usage, problems, and questions.
 - c. Assess if the WIC client understands how to use the breast pump and demonstrate how to assemble and clean the pump if necessary.
 - d. Provide information on the handling and storage of breast milk.
 - e. Instruct client to discontinue the use of the pump if discomfort occurs and call the WIC Program.
 - f. Review and have client complete the Manual Breast Pump/Breastfeeding Aid Release Form (see Forms Section), provide client with a copy, and file clinic's copy. (In a notebook designated for breastfeeding forms or in the check stub file.)